

St Martins C3 – April 26, 2026
Revealer of Love – The Power of the Spirit

Sermon Notes:

Read Romans 8:31-39

Today, we look at the conclusion of Romans 8 and explore how the Holy Spirit pours the love of God out to us. Nothing can separate us from God's love as revealed by Jesus. His love is always present. This truth needs to be written on our hearts in giant letters.

God.

Loves.

You.

At the centre of our life should be a message that says: *Even though I'm unworthy, God's love is with me.* But sometimes we are not really sure that is the case. Two ways we know this is the case are if a – our prayer life has become stale or b – we feel an increasing inclination to sin.

How to Write this Message on our Hearts

It seems for some people to fully grasp this message; all they need is to hear the gospel. Others need to sense it in their heart. That is one reason God's given us his Spirit.

Read Romans 5:5

One of the ministries of the Holy Spirit is to fill our hearts with His love, assuring us of our adoption as His children and eternal members of His Kingdom. Yet, this is more than a mental knowledge, it is an ongoing awareness of God's love.

Tools to Receive

Practice One: Start of the Day – 2 Chairs

Take five minutes each morning with two chairs. You sit on one and invite the Holy Spirit to sit on the other and have a two-way chat. Conclude by asking: "Holy Spirit, what do you want me to know about the Father's love for me today?"

Practice Two: Throughout the Day – Breath Prayer

Take small moments, turn yourself to God, and breathe.

- As you breathe in, say to yourself: "You are here."
- As you breathe out, say: "You love me."

Practice Three: At the End of the Day - Gratitude

List at least three ways we have experienced God's goodness today. Then simply acknowledge that even though you don't deserve it, that is God's love with you during the day. Then pray: "Holy Spirit, help me *feel* that this is your love toward me."

Here's the key: don't measure success by emotional intensity. The Holy Spirit *does* sometimes bring that feeling of love—but often it's quieter: an assurance that He loves us, and a desire to love Him back.

Questions for Connect Groups:

Key Point

If we spend time with God, then the Holy Spirit will reveal to us God's love.

Questions

What stood out to you from this week's message?

What does this message tell you about God and humans?

What do you think of the statement: *"Even though I'm unworthy, God's love is with me."*? We considered just saying, *"God loves me."* Why is the balance of our unworthiness necessary?

If we could read the living tablet of your heart would these words be written there in words of fire? What would be?

What difference does knowing that nothing can separate us from God's love make to our sense of self?

How does it change our relationship with God?

What does a lack of prayer and our inclination to sin say about our awareness of God's love for us?

How do you experience the Spirit of God? Why is the experience less important than just making time for Him?

How have you found doing these practices this week?

Spend time in prayer for the Holy Spirit to bring God's love.

Monday Devotion

If a person believes in Jesus, then the Spirit of God lives in them. This means He does more than just influence our thoughts. If the Spirit lives in our body, then our body is not a distraction to prayer—it's a primary place of encounter. Consider the implication of this today.

Scripture

1 Corinthians 6:19

Observation (What stands out to you?)

Application (What will you do?)

Prayer (What do you want to say to God?)

Tuesday Devotion

When Jesus was on Earth, he knew that he must go away so that he could send another in his place. This person was the Holy Spirit, another member of the Trinity. As we come to know the Holy Spirit for ourselves, we have a personal relationship with God.

Scripture

John 14:15-17

Observation (What stands out to you?)

Application (What will you do?)

Prayer (What do you want to say to God?)

Wednesday Devotion

It is one of the mysteries of the universe that the God who made everything and is beyond everything not only wants to have a relationship with us but is able to fill our lives. As we connect with the Holy Spirit, we are allowed to know God as our Father. Think through how precious that is today.

Scripture

Galatians 4:6

Observation (What stands out to you?)

Application (What will you do?)

Prayer (What do you want to say to God?)

Thursday Devotion

Not only does the Spirit reveal God to us, but he strengthens us inside of ourselves. He shows that love is something to be grasped and encountered, not just studied. This allows us to experience Christ's love and change from the inside out. He is eagerly waiting for us to meet with Him today.

Scripture

Ephesians 3:14-21

Observation (What stands out to you?)

Application (What will you do?)

Prayer (What do you want to say to God?)

Friday Devotion

As Paul finishes his words to the people of Thessalonica he gives them several small pieces of advice. Each of these pieces of advice could be turned into a practice that helps us connect with God's Spirit. Consider what works for you today.

Scripture

1 Thessalonians 5:16-19

Observation (What stands out to you?)

Application (What will you do?)

Prayer (What do you want to say to God?)
