

St Martins C3 – May 31, 2026

God is Relationship – Who is God?

Sermon Notes:

Today we begin with a question:

Would you give up love to get the maximum amount of power, prestige, wealth, and knowledge?

This question is interesting is because it helps us to reflect on the importance of love and relationships in our lives. It has been proven that one of the keys to a long and healthy life is social interaction. It outranks nutrition and exercise.

Love is central to life because God has put it there, it is part of his very nature. God is relationship. God is Trinity.

The concept of the Trinity, that God is three distinct people but still one God is one of the most difficult concepts for people to get their head around, yet it is also rewarding.

1) God is three distinct persons

Read 1 Peter 1:2

2) Each person is fully God

Read Ephesians 4:6; Colossians 1:15; 2 Corinthians 3:17

3) There is only one God

Read Deuteronomy 6:4; 1 Corinthians 8:4

We have three distinct persons, each are God, but there is one God. When people explored these truths, they discovered God exists in tri-unity or as a Trinity.

We're not going to solve the Trinity; God is not a puzzle to master. However, the truth of the Trinity makes sense of everything, it explains the Universe. At the heart of the Universe is eternal self-giving love. That type of relationship should be our aspiration.

Here's how we can begin to live it out:

1 – Invest in Your Relationships

Read 1 John 4:7-8

When you invest in real relationships you reflect the life of the Trinity.

2 – Commit to the Church

Jesus explicitly compares our commitment to each other with his relationship to the Father in his final prayer.

Read John 17:21

3 – Prioritise Time with God

Knowing God helps us know what our souls are craving in relationships. So we must prioritise time with Him.

Questions for Connect Groups:

Key Point

God is relationship, the Trinity shows that love is built into the Universe and should be central in our lives.

Questions

What stood out to you from this week's message?

What does this message tell you about God and humans?

Would you give up love to get the maximum amount of power, prestige, wealth, and knowledge? Why or why not?

Why do you think isolation has such negative effects?

Why is love so universally important? What does this say about God?

How would you explain the Trinity to someone who didn't understand it? How comfortable are you with this mystery?

Why does knowing God is eternal self-giving love matter?
How can we reflect that love in our lives?

How can we better respond to bids for connection?

How are our lives reflecting Jesus' prayer in John 17:21?

How are you prioritizing time with God?

Monday Devotion: The Trinity Together

While the word Trinity is not mentioned in the New Testament there are a few passages where Father, Son and Spirit are mentioned together. Read these passages and imagine life if the work of one of the three parts of God was absent.

Scripture: 2 Corinthians 13:14; Matthew 28:16-20; 1 Peter 1:2

Observation (What stands out to you?)

Application (What will you do?)

Prayer (What do you want to say to God?)

Tuesday Devotion: The Trinity at Baptism

At the baptism of Jesus, the Spirit appears as a dove, and the Father speaks over the Son. The Son hasn't done anything yet, but the Father who has been in relationship with Him for all eternity knows who Jesus is and that brings Him pleasure.

Scripture

Matthew 4:13-17

Observation (What stands out to you?)

Application (What will you do?)

Prayer (What do you want to say to God?)

Wednesday Devotion: Trinity in Redemption

It is interesting to see the different roles of the Trinity. In redemption, we see very clear roles being fulfilled. The cross begins in the love and purpose of the Father. The Son then accomplishes the work, revealing the Father, bearing sin, and defeating evil. The Spirit then applies Christ's victory to us.

Scripture

Galatians 4:4; Romans 8:32; Philippians 2:5-11; Titus 3:5-6

Observation (What stands out to you?)

Application (What will you do?)

Prayer (What do you want to say to God?)

Thursday Devotion: Trinity in Evangelism

When we engage in evangelism we are working with each member of the Trinity. The Father is the loving source and sender. The Son accomplishes the mission and sends people out to speak the message. The Spirit empowers and guides evangelism.

Scripture

John 3:16; Matthew 28:18-20; Acts 1:8

Observation (What stands out to you?)

Application (What will you do?)

Prayer (What do you want to say to God?)

Friday Devotion: Trinity at Work

Work is more than just something we do between spiritual activities it is a reflection of the Trinity. The Father calls humanity to cultivate the world. The Son shows that all work carries dignity and becomes our new master. The Spirit empowers us with the ability to do good work.

Scripture

Genesis 1:26-27; Ephesians 2:10; Col 3:23-24; Exodus 31:1-5

Observation (What stands out to you?)

Application (What will you do?)

Prayer (What do you want to say to God?)
